

“I Am Ready” Screening Point

There is an intricate network of energy highways and superhighways that run in, on and around the body. With ENAT, we are utilizing these networks to gain information. First we must determine that the patient/client’s energy systems are able to be utilized.

Screening Point

The practitioner instructs the patient/client to place the tip of their left thumb in the depression of their navel with the rest of their fingers splayed.

Right Arm Muscle Test Response: A weak response for the muscle test indicates a patient/client is READY for further assessment.

If the patient/client’s arm remains strong, they have an electrolyte imbalance. Please see the Nutritional Support list below and identify the best product to re-establish balance before continuing.

Nutritional Support

Test which of these nutritional supplements best restore the body’s electrolyte imbalance:

- EZ Mag
- E-Lyte Balanced Electrolyte Drink
- Celtic Sea Salt

